

CATALOGUE OF PRODUCTS



INTRODUCTION



Dear Partner.

It is my pleasure to introduce to you the latest edition of our Walmark Brand and product catalogue. Walmark is amongst the fastest growing Consumer Healthcare companies in Central and Eastern Europe with the set Purpose of providing people with the best Consumer Healthcare choices delivered through a culture of innovation and empowerment. Over the past years, Walmark's Brands and products have conquered the trust and gained the preference of millions of satisfied Consumers in more than 40 countries across Europe, the Middle East, Asia and Africa. We are therefore very proud to introduce them to you.

The Walmark Brand and product portfolio contains over a hundred offerings. The aim of such a wide portfolio is to delight our current and future Consumers, enabling more people to take charge of their health, meeting their often complex needs. Our ultimate goal is to provide better choices, better health for better lives.

We have recently revamped our Brand portfolio following a redefinition of our Corporate Strategy and the present catalogue reflects that. The main focus is now given to our Core Categories, where we have a leading branded presence across our core Walmark strategic region of Central and Eastern Europe. All of the Brands within these Core Categories are strongly supported by the endorsement of trusted Healthcare Professionals and equally through direct Consumer communication.

Core Categories include Joint & Bone Health (Proenzi®), Children's Health & Development (Martians®) and Women's Intimate Health (Idelyn® Urinal®). We also assign significant effort to a key group of Power Brands: multi-country strong,

Healthcare Professional recommended and Consumer preferred Brands with great potential within their respective categories and segments. Power Brands include Brands such as Prostenal®, Permen®, Liderin®, GinkoPrim®, MemoPlus® and Spektrum®. Another important area of focus for Walmark is what we have classified as Emerging Categories, which contain Brands that are under important development for us due to the growth potential attributed to them. These include our Digestive Health business (e.g.: DH-norm®) and the Respiratory Health category (e.g.: Septofort®). We also feature our oldest, trusted and successful flagship business, the Walmark Line®: a comprehensive range of sub-Brands and products scientifically developed under our Walmark banner offering a wide portfolio of efficacious and high quality solutions for the healthcare needs and well-being of the whole family.

We wish you great success in business and in your personal life, but above all, we wish you good health. If the need arises, do not hesitate to turn to the Walmark Consumer Healthcare solutions included in this catalogue.

Jorge C. Manuel Chief Executive Officer

WALMARK BRAND STRATEGY

CORE CATEGORIES

JOINT & BONE HEALTH



Proenzi®
- Movement Delivered.

CHILDREN'S HEALTH & DEVELOPMENT



Martians®
- Health for Children's Galaxy.

WOMEN'S INTIMATE HEALTH



Idelyn® - Proud to be a Woman.

EMERGING BRANDS

DIGESTIVE HEALTH



RESPIRATORY HEALTH



WALMARK LINE



POWER BRANDS

MEN'S HEALTH & PERFORMANCE



MEMORY & COGNITIVE STIMULATION



MULTIVITAMINS FOR ADULTS



QUALITY & PRODUCTION



Quality Control and Assurance

Production at Walmark is carried out in agreement with all legislative requirements valid in the EU. These include in particular the Food Act, the Drug Act and other related regulations of the Ministry of Health. The distributed products are duly registered and approved, according to their character, by the Ministry of Health and the State Institute for Drug Control.

Quality Control affects all levels of material flow (processing). Input control of raw materials is carried out as well as continuous and inter-operational control of raw material, and continuous production and output control of finished products. Production plant, facilities and warehouses also undergo regular checking.

At Walmark, Quality Assurance is provided via a system of internal inspections which monitors individual processes as well as the functionality of the entire Quality Management System.

Hazard Analysis Critical Control Points (HACCP)

In the area of food supplement production, the company applies a Quality Management System that is in agreement with the system of critical points required for the production of food. This system analyzes the hazards, critical steps and processes in production that can affect the quality of products and stipulates corrective measures so that the harmlessness to health of products is maintained.

Good Manufacturing Practice (GMP)

Since 2003, Walmark has held a GMP Certificate and has complied with the requirements of the Drug Act and GMP regulations for the production and distribution of medicines in the Czech Republic.

The GMP is a part of the Quality Assurance System that ensures that products are continuously processed and checked in agreement with the quality standards that correspond with their intended usage, with approved registration documentation for the respective preparation, and other regulatory documentation.





CONTENTS

JOINT & BONE HEALTH
CHILDREN'S HEALTH & DEVELOPMENT
WOMEN'S INTIMATE HEALTH
DIGESTIVE HEALTH
RESPIRATORY HEALTH
MEN'S HEALTH & PERFORMANCE
MEMORY & COGNITIVE STIMULATION
MULTIVITAMINS AND MINERALS FOR ADULTS
WALMARK LINE
INDEX





JOINT & BONE HEALTH

Joint and bone health through maintenance, repair and relief

Proenzi® is a joint and bone expert providing quality health solutions through a range of products specially developed to deliver maintenance, repair and relief for debilitating joint and bone conditions.

Proenzi® enables people to move by providing an insight-driven, science-based pro-

duct range to prevent and treat conditions affecting their joints, bones and muscles.

Through the application of scientific expertise, Proenzi® allows Consumers to proactively deal with these health issues and live healthier and more active lives, without limitations... for longer.

Proenzi® - Movement Delivered.

Proenzi® Probeven 750 mg

Treatment of the symptoms of mild to moderate osteoarthritis

Proenzi® Probeven 750mg film-coated tablets is an OTC drug that relieves symptoms in mild to moderate osteoarthritis of the knee such as joint stiffness (after sleep or long rest) or joint pain (e.g. when climbing stairs or walking across uneven surfaces). It contains the active ingredient glucosamine sulphate that belongs in the group of symptomatic slow acting drugs for osteoarthritis and acts on the level of cartilage metabolism

Osteoarthritis (OA) is a degenerative joint disease, where pathological changes primarily affect cartilage. In addition to subjective complaints it leads to the limitation of mobility, or even to permanent disability. OA most often affects the knee joints. The hips, the small joints of the hands and feet, and the lumbar and cervical spine are other typical localisations of OA.

Effects:

- · Relieves the symptoms of mild to moderate osteoarthritis of the knee
- Relieves joint pain
- Relieves joint stiffness

One tablet contains:	
Glucosamine sulphate	750.0 mg



Proenzi® Intensive

Support for joint health, flexibility and elasticity with a nature-based analgesic

Proenzi® Intensive is the ultimate innovative combination of glucosamine sulphate, chondroitin sulphate, Boswellia serrata extract, BioPerine and newly formulated ExPur Complex (with precisely defined proportions of type II Collagen, Vitamin C, Salicin, Curcumin and Manganese). It is a specially designed concentrated source of joint nutrition that provides maximally effective treatment. Glucosamine sulphate and chondroitin sulphate are elementary building components of joint cartilage and other connective tissues - bones, ligaments and tendons. Boswellia plays a supportive role in maintaining joint health, flexibility and elasticity. New ExPur Complex is a unique innovative combination of natural herbal ingredients Salicin and Curcumin, type II Collagen, Vitamin C and Manganese. Salicin obtained from Salix alba and curcumin (extracted from Curcuma longa) are known for their beneficial effect on joint health. Manganese contributes to the normal formation of connective tissues and the maintenance of normal bones.

One tablet contains:	
Glucosamine sulphate	750.0 mg
Chondroitin sulphate	50.0 mg
Boswellia serrata extract	75.0 mg
BioPerine®	7.5 mg
ExPur complex:	
Type II collagen	10.0 µg
Vitamin C	6.0 mg
Salix alba extract	80.0 mg
Curcumin	50.0 mg
Manganese	0.3 mg

15-00393

Effects:

- Glucosamine and chondroitin are elementary building components of joint cartilage and other connective tissues
- Boswellia plays a supportive role in maintaining the health of joints, their flexibility and elasticity
- · Salicin and curcumin have a beneficial effect on joint health
- The product is recommended for the provision of effective care to all joints and related tissues (e.g. cartilage, ligaments and



Proenzi® Rapid

Improvement and support of joint mobility and flexibility

Proenzi® Rapid contains a triple combination of substances – glucosamine sulphate, chondroitin sulphate and Boswellin® enriched by manganese and vitamin C.

Glucosamine sulphate and chondroitin sulphate are elementary building components of joint cartilage and other connective tissue – bones, ligaments and tendons. Boswellin® (Boswellia serrata extract) supports joint flexibility and helps to maintain joint health. Manganese helps to support normal bones and formation of connective tissue and vitamin C contributes to normal collagen formation for the normal function of bones and cartilage.

Proenzi® Rapid is recommended as support for all joints – knee joints, hip joints, and the joints of the hands and backbone.



Effects:

- Glucosamine and chondroitin are elementary building components of joint cartilage and other connective tissue
- Vitamin C contributes to normal collagen formation for the normal function of cartilage and bones
- Boswellia serrata extract supports joint flexibility and health
- Manganese helps to provide support for normal bones and the formation of connective tissue
- It is recommended for joints subjected to greater than usual loading (hard physical work, sport, obesity)

534.0 mg
200.0 mg
50.0 mg
1.5 mg
10.0 mg

15-00137

Food Supplement

Proenzi® 3 Plus

For proper nourishment of joints

Proenzi® 3 Plus contains Glucosamine sulphate, Chondroitin sulphate, MSM, and a special ExPur complex. Glucosamine sulphate and chondroitin sulphate are elementary building components of joint cartilage and other connective tissue bones, ligaments and tendons. MSM helps to support cartilage metabolism and function and helps to maintain joint health and mobility. ExPur complex is a combination of undenatured type II collagen and vitamin C. Undenatured type II collagen is a basic structural component of joint cartilage and the manufacturing process ensures that the collagen remains in its most native, triple helix form. Vitamin C contri-butes to normal collagen formation for the normal function of bones and cartilage.

Proenzi® 3 Plus is recommended as support for all joints – knee joints, hip joints, and the joints of the hands and backbone. The effect continues for 2-3 months after usage ends.

One tablet contains:	
Glucosamine sulphate	500.0 mg
MSM	300.0 mg
Chondroitin sulphate	200.0 mg
ExPur complex:	
Type II collagen	6.7 µg
Vitamin C	4.0 mg

15-00229

Effects:

- Glucosamine and chondroitin are elementary building components of joint cartilage and other connective tissue
- Vitamin C contributes to normal collagen formation for the normal function of cartilage and bones
- MSM helps to support joint mobility and comfort
- Type II collagen is a basic structural component of joint cartilage
- It is recommended for joints subjected to greater than usual loading (hard physical work, sport, obesity)



Food Supplement

Proenzi® Comfort

A new generation of glucosamine in great-tasting chewable tablets

Proenzi® Comfort offers a new form of glucosamine which tastes delicious. The chewable tablets contain three substances – N-acetylglucosamine (NAG), undenatured type II collagen and vitamin C.

N-acetylglucosamine is a naturally occurring substance in the human body, e.g. in breast milk. It is an essential precursor of hyaluronic acid and chondroitin in the human body, two of the elementary building components of joint cartilage and other connective tissue – bones, ligaments and tendons. Type II collagen is a basic structural component of joint cartilage, and undenatured type II collagen keeps its most native, triple helix form. Vitamin C contributes to normal collagen formation and due to this it supports the normal function of bones and cartilage.

Proenzi® Comfort is recommended as support for all joints – knee joints, hip joints, and the joints of the hand and backbone.

Effects:

- N-acetylglucosamine is the source of an elementary building component of joint cartilage and other connective tissue
- Vitamin C contributes to normal collagen formation for the normal function of cartilage and bones
- It is recommended for joints subjected to greater than usual loading (hard physical work, sport, obesity)

One tablet contains:	
N-acetylglucosamine	750.0 mg
Undenatured type II collagen	10.0 µg
Vitamin C	6.0 mg

15-00329



Food Supplement



Proenzi® Comfort Stick

A new generation of glucosamine in a stick with a great orange taste

Proenzi® Comfort contains a new form of glucosamine with a delicious taste that is now offered in the form of a stick. The stick is a comfortable alternative to hard-to-swallow tablets. Moreover, Proenzi® Comfort Stick contains the daily dose of N-acetylglucosamine (NAG), hydrolyzed type I collagen, undenatured type II collagen, and rose hip extract all in a single sachet.

N-acetylglucosamine is an essential precursor of hyaluronic acid and chondroitin in the human body, two of the elementary building components of joint cartilage and other connective tissue – bones, ligaments and tendons. Rosa canina (rose hip) is one of the richest sources of vitamin C and helps to maintain healthy and flexible joints. Type I collagen is the most abundant collagen in the human body. Type II collagen is a basic structural component of joint cartilage.

Proenzi® Comfort Stick is recommended as support for all joints – knee joints, hip joints, and the joints of the hand and backbone.



- Rose hip extract helps to maintain healthy and flexible joints
- N-acetylglucosamine is the source of an elementary building component of joint cartilage and other connective tissue
- It is recommended for joints subjected to greater than usual loading (hard physical work, sport, obesity)

One stick contains:	
N-acetylglucosamine	1500.0 mg
Rose hip extract	200.0 mg
Hydrolysed type I collagen	10.0 mg
Undenatured type II collagen	20.0 µg

13-02031 / 15-0036



Proenzi® Gel / Cream

Massage gel / cream for skin around joints and in the articular surrounding

Proenzi® Gel / Cream is a rapidly-absorbed skin massage gel / cream for application on skin around joints and in the articular surrounding. It contains a unique combination of three substances - Glucosamine sulphate, MSM and Boswellia serrata extract. Massage is suitable in cases involving the painful symptoms of articular inflammations and contributes to the reduction of tightness and the improvement of joint mobility.

Moreover, Proenzi® Gel / Cream contains eucalyptus oil, oleum juniperi, camphor and menthol, which cool down / warm up the skin in the affected area and contribute to the attainment of a feeling of relief.

Proenzi® Gel / Cream is light, non-greasy, and does not leave stains. After application it becomes absorbed immediately and leaves the area feeling pleasant and fresh. It is based on water and therefore is suitable for

use anywhere and anytime; it is gentle and tolerated very well.

Effects:

- · Provides a feeling of relief from joint or muscle pain
- Contributes to loosening up and blood perfusion and therefore suppresses tightness and improves mobility of joints, muscles and tendons
- Has relaxing effects and therefore can help to support proper joint function

Main ingredients:

Glucosamine sulphate, Boswellia serrata extract, methylsulfonylmethane, menthol, camphor, eucalyptus globulus oil, juniperus communis oil

13-00624 / 13-01496



Proenzi® BodyFIX

Triple action pain relief and support for the lower back

Proenzi® BodyFIX is a patented treatment that can help with 90% of all problems with lower back pain. Clinically designed, Proenzi® BodyFIX treats the root cause of pain whilst showing how to stand, sit and bend correctly in order to help long-term back health. Proenzi® BodyFIX is large, soft and self-adhesive, with a strong supporting structure. It helps to control movement while still giving the freedom and confidence to move safely. Its design is based on proven medical taping techniques, which are used globally to reduce pain. Proenzi® BodyFIX was designed by a practising osteopath to

provide the benefits of this powerful treatment method at home. Proenzi® BodyFIX can be worn every day or as often as needed. It is discreet, hypoallergenic, latex-free and comfortable to wear. It is safe to use with other medicines and even during and after pregnancy.

Effects:

- · Relieves pain quickly by immediately reducing the tension which is causing back pain
- Prevents pain by safely controlling all movements so that further injuries cannot be
- Helps to relieve pain in conditions such as arthritis, scoliosis and osteoporosis
- Assures 48 hours of pain relief and support



Proenzi® ThermoTherapy

Heat therapy for the treatment of muscle pain

Proenzi® ThermoTherapy is a natural source of heat that is readily available. Properly used, it is suitable for any personal need and remains active at a comfortable temperature for several hours. Its use is appropriate to relieve the acute suffering caused by rheumatism. With its warmth, Proenzi® ThermoTherapy helps to improve the joint function muscles, providing general muscle relaxation.

Proenzi® ThermoTherapy consists of a powder mixture containing iron. When it comes into contact with oxygen from the air, it generates a process of rapid oxidation to produce heat.

The efficacy of Proenzi® ThermoTherapy is clinically proven. There is no active ingredient and therefore the source of heat is natural. It is suitable for any personal need and remains active at a comfortable temperature for several hours.

Effects:

- Relieves the acute suffering caused by rheumatism
- Helps to improve joint function
- Effects lasts for up to 8 hours

Composition:

Iron, sodium polyacrylate, activated carbon, sodium chloride, sodium tripolyphosphate, water

12-00457



Medical Device Class IIa.



CHILDREN'S HEALTH & DEVELOPMENT

Developing and enhancing children's health

Mothers want to be sure that they are caring for their children to the full. It is crucial for them that their kids aren't lacking any important nutrients or any other help and that they don't need to worry about the health and harmonious growth of their children.

That's why mothers need a "health guardian" to help them give their children the maximum support both in general and for their specific needs to keep them healthy and happy.

Martians® - Health for Children's Galaxy.



Martians® ImunoFORTE

With elderberry and rosehip extracts for strong immunity support

Martians® ImunoFORTE is a nature-based product intended to provide strong immunity support. It contains a balanced dose of beta glucans, vitamin C and elderberry and rosehip extracts. These herbal extracts support the immune system and have a beneficial effect on respiratory health. Elderberry is often recommended for use in complementary therapy together with vitamin C and zinc to support the natural process of recuperation. Elderberry extract exhibits antimicrobial and antiviral activity against negative bacteria, as well as against influenza viruses. It has antioxidant properties due to its anthocyanin flavonoid content.

Martians® ImunoFORTE is suitable for use in periods with an increased incidence of colds, during recovery, and in cases of physical or mental fatigue or strain, when it provides strong immunity support.

Effects

- Vitamin C as an antioxidant contributes to the proper function of the immune system
- Beta glucan supports the immune system
- Elderberry supports the immune system and respiratory health
- Rosehips support the natural defences of the organism

One tablet contains:	
Elderberry fruit extract	952.0 mg
Elderberry flower extract	250.0 mg
Beta glucan	60.0 mg
Vitamin C	40.0 mg
Rosehips fruit extract	50.0 mg

15-00388



Martians® ImunoFORTE syrup

Herbal syrup with elderberry and rosehips for acute immunity support

Martians® ImunoFORTE syrup is a nature-based product intended for acute immunity support. It contains a balanced dose of beta glucan, vitamin C and elderberry and rosehip extracts. These herbal extracts support the immune system and have a beneficial effect on respiratory health. Martians® ImunoFORTE syrup has the natural flavour of the herbs it contains.

Martians® ImunoFORTE syrup is suitable for use in periods when colds are prevalent, during recovery, and in cases of physical or mental fatigue or loading for acute immunity support. It is free of dyes, preservatives, artificial sweeteners and gluten.

Effect:

- Beta glucan supports immunity as it is bound to the cells of the immune system
- Elderberry is a traditional herb that supports the immune system and respiratory health
- Rosehip is a traditional herb that supports the oganism's natural defences
- Vitamin C as antioxidant contributes to the proper function of the immune system

One serving (5 ml = 1 teaspoo	n) contains:
Elderberry fruit extract	136.0 mg
Elderberry flower extract	25.0 mg
Rosehip fruit	50.0 mg
Beta glucan	60.0 mg
Vitamin C	40.0 mg



ood Supplement



Martians® with Imunactiv®

Vitamins and minerals with vitamin C and zinc to support immunity

Martians® with Imunactiv® are chewable orange and strawberry flavoured tablets - little Martians - which offer a complex of vitamins and minerals for children. Each tablet contains generally recommended amounts of all the necessary vitamins, minerals and other substances which are necessary for the physiological growth and development of children. Moreover, it contains Imunactiv® complex, which consists of beta glucan, vitamin C and zinc. Vitamin C and zinc support the natural function of the immune system.

Martians® with Imunactiv® also contains xylitol, which adds a delicious cooling taste to the tablets. Martians® with Imunactiv® are free of dyes, sugar, gluten, lactose and preservatives and are suitable for seasonal everyday use during the autumn and winter to support immunity.



Effects

- Vitamin C and zinc help to support a healthy immune system
- Vitamins and minerals promote vitality and general well-being
- Vitamins and minerals support physiological development and growth
- lodine contributes to the normal growth of children

One tablet contains:	
Imunactiv® complex:	
Beta glucan	30.0 mg
Bioflavonoids	50.0 mg
Vitamin C	80.0 mg
Zinc	5.0 mg
Vitamin A	800.0 µg
Vitamin B1	1.1 mg
Vitamin B2	1.4 mg
Vitamin B3	16.0 mg
Vitamin B5	6.0 mg
Vitamin B6	1.4 mg
Vitamin B12	2.5 µg
Vitamin D3	5.0 µg
Vitamin E	12.0 mg
Biotin	50.0 µg
Folic acid	200.0 µg
lodine	150.0 µg
Rosehips	10.0 mg
L-lysine	20.0 mg

5-00332/3

BETTER CHOICES, BETTER HEALTH, BETTER LIVES



Martians® syrup with Imunactiv®

Orange flavoured multivitamin syrup with vitamin C and zinc for immunity support

Martians® syrup with Imunactiv® is a complex of vitamins and minerals which are important for the physiological growth and healthy development of the organism. Moreover, it contains Imunactiv® complex, which is made up of four ingredients - beta glucan, bioflavonoids, vitamin C and zinc. Vitamin C and zinc contribute to the proper function of the immune system.

Martians® syrup with Imunactiv® is very beneficial to the organism as it doesn't contain any dyes, sweeteners or allergenic substances such as aleurone, nuts, eggs or soya beans. It has a great orange taste and is suitable for children from as early as one year of age.

ORANGE With Imunactiv syrup viamins and minerals Or immunity support Orange Orange

Effects:

- Vitamin C and zinc contribute to the proper function of the immune system
- Vitamins B1, B3 and B5 are needed to release energy from food and contribute to normal growth and development
- Vitamins and minerals promote vitality and general well-being
- Vitamins and minerals support physiological growth and proper development

One serving (5 ml = 1 teaspoon) contains:

lmunactiv® complex:	
Beta glucan	10.0 mg
Bioflavonoids	9.0 mg
Vitamin C	25.0 mg
Zinc	4.0 mg
Vitamin A	120.0 µg
Vitamin B1	0.5 mg
Vitamin B2	0.8 mg
Vitamin B3	9.0 mg
Vitamin B5	3.0 mg
Vitamin B6	0.7 mg
Vitamin B12	0.7 µg
Vitamin D3	1.5 µg
Vitamin E	5.0 mg
Biotin	20.0 µg
Folic acid	50.0 µg
lodine	70.0 µg
PABA	50.0 µg
Rose hip extract	5.0 mg
Lysine	10.0 mg
13 015/11	

Food Supplement



Martians® Gummies with Echinacea

Multivitamin fruit flavoured gummies with echinacea for immunity support

Martians® Gummies with Echinacea are tasty gelatine Martians which contain recommended daily dosages of essential vitamins for the proper physiological growth and development of children. They contain an extract from Echinacea purpurea, a traditionally used herb. They also contain vitamin C and zinc which help to support a healthy immune system. Martians® Gummies with Echinacea are suitable to use in periods when colds are prevalent. Martians® Gummies with Echinacea come in a mix of two fruit flavours (strawberry and cherry) and contain natural dyes only.

Effects

- Vitamin C and zinc help to strengthen the immunity of the organism
- Supports physiological growth and vitality

One gummy contains:	
Echinacea purpurea extract	30.0 mg
Vitamin C	40.0 mg
Zinc	5.0 mg
Vitamin B3	8.0 mg
Vitamin B5	3.0 mg
Vitamin B12	1.3 µg
Vitamin D3	2.5 µg
Vitamin E	6.0 mg
Vitamin K	12.5 µg
Folic acid	100.0 µg
Biotin	25.0 µg



Martians® Lactobacillus

Probiotic bacteria for balanced intestinal microflora

Martians® Lactobacillus contains 4 strains of a total count of 3 billion probiotic bacteria, which are common components of intestinal microflora. Balanced intestinal microflora contributes to the proper function of the immune system and digestion. Its balance can be disrupted by antibiotic usage, improper diet or changes of environment. Martians® Lactobacillus is enriched with vitamin D, which supports the immunity of the organism. It has a delicious cool and fruity taste and comes in children's favourite form - powder, in a sachet.

Martians® Lactobacillus is a new modern preparation developed using Probiocap® technology, which ensures the extremely high viability of probiotic bacteria. Probiocap® is a patented microencapsulation technology which protects probiotics against gastric acidity and

heat shocks. This enables the bacteria to enter the intestine, where their beneficial effect occurs, alive.

Effects

- Probiotic bacteria help to keep intestinal microflora balanced
- Probiotic bacteria aid proper digestion
- Vitamin D contributes to the proper function of the immune system
- Suitable during and after antibiotic treatment

One sachet contains:

Lactobacillus helveticus	
Lactobacillus rhamnosus	3.0 billion
Lactobacillus acidophilus Lafti® L10	CFU*
Bifidobacterium longum	
Vitamin D3	2.5 µg

*CFU - colony-forming unit





Martians® with Inulin

Vitamins and minerals with iodine contributing to the normal growth of children

Martians® with Inulin are chewable tablets containing a complex of vitamins and minerals for children. These tablets - little Martians come in strawberry and forest berry flavours. Each tablet contains generally recommended amounts of all the necessary vitamin, minerals and other active substances necessary for the physiological growth and development of a child. In addition, it is enriched with inulin, a type of soluble fibre. Inulin supports the growth of healthy intestinal microflora and thus may help to promote proper digestion. Moreover, inulin enhances calcium absorption. Vitamins and minerals have a positive effect on the general vitality of a child. Martians® with Inulin contain iodine, which contributes to the normal growth of children

Martians® with Inulin also contain xylitol, which adds a delicious cooling taste to the tablets. Martians® with Inulin are free of dyes, sugar, gluten, lactose and preservatives and are suitable for everyday use all year round as support for healthy growth and development.

- · Vitamins and minerals support the physiological development and growth of children
- · Vitamins and minerals help to maintain vitality

One tablet contains:

- · Inulin helps to promote healthy digestion
- · lodine contributes to the normal growth of children

Inulin	500.0 mg
Vitamin A	200.0 µg
Vitamin B1	0.3 mg
Vitamin B2	0.4 mg
Vitamin B3	4.0 mg
Vitamin B5	1.5 mg
Vitamin B6	1.0 mg
Vitamin B12	1.0 µg
Vitamin C	45.0 mg
Vitamin D	5.0 µg
Vitamin E	4.0 mg
Folic acid	75.0 µg
Biotin	15.0 µg
lodine	70.0 µg
Zinc	2.5 mg
Iron	3.5 mg
Selenium	10.0 µg



STRAWBERRY FLAVOUR

vitamins and mnerals

for healthy growth

Multivitamin fruit flavoured gummies with vitamins D and K for the proper growth and development of bones

Martians® Gummies with BoneActive

Martians® Gummies with BoneActive are tasty gelatine Martians which contain the necessary vitamins and minerals for the proper physiological growth and development of a child's organism. Moreover, they contain BoneActive complex, is made up of two active substances vitamin D and vitamin K - which are essential for the proper growth and development of bones in children. Martians® Gummies with BoneActive are recommended mainly to all active or sporty children whose regular physical load gives them increased requirements for the intake of such substances. Martians® Gummies with BoneActive are available in a mix of four fruit flavours (strawberry, orange, forest fruits and lemon) and contain only natural dyes.

- Vitamin D and vitamin K for the proper growth and development of bones in children
- · Vitamins support normal physiological growth

One gummy contains:	
BoneActive complex:	
Vitamin D3	2.5 µg
Vitamin K	12.5 µg
Vitamin B3	8.0 mg
Vitamin B5	3.0 mg
Vitamin B12	1.3 µg
Vitamin C	40.0 mg
Vitamin E	6.0 mg
Folic acid	100.0 µg
Biotin	25.0 µg
Zinc	5.0 mg

Martians® Omega 3 syrup

Omega 3 syrup for the healthy growth and development of children

Martians® Omega 3 syrup contains unsaturated omega 3 fatty acids, which are essential for the healthy growth and development of a child's organism. They contribute to the proper development and function of the brain and sight. They are mainly recommended to children in the stage of intensive growth. It is made of natural fish oil and contains a suitable daily dose of omega 3 fatty acids in 10 ml of syrup. It is well accepted by children thanks to its delicious honey-orange flavour.

Martians® Omega 3 syrup is free of dyes, artificial sweeteners and preservatives and therefore is very suitable for

children from 1 year of age.

- · Omega 3 contributes to the proper development and function of the brain
- Omega 3 supports the healthy growth and development of a child

One serving (5 ml = 1 te	aspoon) contains:
Fish oil:	156.3 mg
Omega 3	70.0 mg
DHA (minimal)	62.5 mg

for brain and sight Omega 3 rich for DHA

Martians® Omega 3

Omega 3 for supporting brain development and sight

Martians® Omega 3 contains unsaturated omega 3 fatty acids which contribute to the proper development and function of child's brain. Mainly omega 3 DHA is the most abundant omega 3 fatty acid in the brain and is an important building block of brain structure, thus playing a crucial role in proper brain and mental development and in healthy brain function. DHA is also an important component of the retina, thus contributing to proper visual function.

Martians® Omega 3 contains a high dose of omega 3 DHA which meets the daily intake requirement. Vitamins A, D and C are essential for normal physical and mental development. Vitamin C also helps to support natural immunity. Martians® Omega 3 capsules have a sweetened gelatine coating and a tasty orange filling inside without any fish odour. They don't contain artificial dyes and preservatives.

- Omega 3 fatty acids support the proper growth and development of the brain and brain functions
- Omega 3 fatty acids support healthy visual function
- · Vitamins A, C, D support normal physiological growth

One capsule contains:	
Fish oil:	250.0 mg
Omega 3	175.0 mg
DHA (minimal)	125.0 mg
Vitamin C	37.5 mg
Vitamin A	500.0 µg
Vitamin D	3.0 µg







WOMEN'S INTIMATE HEALTH

Confidence and security in cases of urinary tract infection, vaginal health issues, and hormonal changes and balance issues

Their femininity is what sets women apart. It starts with the female organs and hormonal balance, and continues through the psychological and emotional levels. Usually, related health problems are a very sensitive issue, and irritating at the same time. There is a natural trend towards women understanding their

own body better, finding the courage to speak openly about intimate health, and expecting that they will be able to effectively restore any imbalance within their body. Women with IH problems want their femininity restored quickly and conveniently and need to be listened to with empathy.

Idelyn® - Female Power Restored.

Urinal Akut®

Strong cranberry extract (36mg of PACs) for acute urinary tract care

Urinal Akut® with an improved formula contains three substances - CystiCran®, a highly-concentrated extract of Vaccinium macrocarpon (cranberry), extract of Solidago virgaurea (Goldenrod), and Vitamin D. In vitro testing has demonstrated the anti-adherence effect of urine on uropathogenic bacteria after consumption of cranberry products. Cranberries are a rich source of bioflavonoids, phenolic compounds and other natural substances. The amount of extract in only one tablet corresponds to at least 423 000 mg of cranberry fruit.

Urinal Akut® contains a guaranteed amount of proanthocyanidins (36 mg). The unique method of processing cranberries into the form of the CystiCran® extract assures the quality and content of effective ingredients. Solidago virgaurea contributes to the normal functions of the bladder and lower urinary tract. Vitamin D supports the normal function of the immune system.

Effects:

- In vitro anti-adherence effect of urine on uropathogenic bacteria after consumption of cranberry products
- Goldenrod contributes to normal urinary elimination functions
- Goldenrod helps to maintain a healthy bladder and lower urinary tract
- Vitamin D supports the normal function of the immune system

One tablet contains:	Option 1
CystiCran® (dry cranberry extract)	90.0 mg

15-00234

One tablet contains:	Option 2
CystiCran® (dry cranberry extract)	90.0 mg
Solidago virgaurea extract	20.0 mg
Vitamin D	5.0 µg

15-00337



Urinal®

Cranberry extracts for maintaining urinary tract health

Urinal® contains a unique combination of cranberry substances - NutriCran®, Vaccinium macrocarpon (cranberry) dried juice concentrate extract, and CystiCran®, highly-concentrated Vaccinium macrocarpon extract, and newly also extract of Solidago virgaurea (Goldenrod) and Vitamin D. In vitro testing has demonstrated the anti-adherence effect of urine on uropathogenic bacteria after consumption of cranberry products. Cranberries are a rich source of bioflavonoids, phenolic compounds and other natural substances.

The amount of cranberry extracts in the maximum daily dose (3 capsules) corresponds to at least 57 300 mg of cranberry fruit. Solidago virgaurea contributes to the normal function of the bladder and lower urinary tract and helps maintain a healthy urinary tract. Vitamin D supports the normal function of the immune system. Urinal® can be used along with antibiotics.

Effects:

- In vitro anti-adherence effect of urine on uropathogenic bacteria after consumption of cranberry products
- Goldenrod contributes to normal urinary elimination functions
- Goldenrod helps to maintain a healthy bladder and lower urinary tract
- Vitamin D supports the normal function of the immune system

One capsule contains:	Option 1
NutriCran® (dry cranberry extract)	200.0 mg
CystiCran® (dry cranberry extract)	3.0 mg

12-00379

One capsule contains:	Option 2
NutriCran® (dry cranberry extract)	200.0 mg
Solidago virgaurea extract	20.0 mg
CystiCran® (dry cranberry extract)	3.0 mg
Vitamin D	1.7 µg



Urinal® Balance

Combination of cranberries and lactobacillus for urinary tract health

Urinal® Balance is an innovative food supplement for women. It combines live Lactobacillus rhamnosus bacteria with Vaccinium macrocarpon (cranberry). Urinal® Balance contains an active ingredient, PACran® whole cranberry powder. In vitro testing has demonstrated the anti-adherence effect of urine on uropathogenic bacteria after consumption of cranberry products. Cranberries are a rich source of bioflavonoids, phenolic compounds and other natural substances. A daily dose of Urinal® Balance contains 1 billion live bacteria.

Effects:

 In vitro anti-adherence effect of urine on uropathogenic bacteria after consumption of cranberry products

One capsule contains:	
PACran® (cranberry extract)	250.0 mg
Lactobacillus rhamnosus	0.5 bil. CFU

12-00332



Urinal® Syrup

Tasty pure and natural cranberry extract syrup

Urinal® Syrup contains an active ingredient, NutriCran®, which is dried Vaccinium macrocarpon (cranberry) juice concentrate. In vitro studies have demonstrated the antiadherence effect of urine on uropathogenic bacteria after consumption of cranberry products. Cranberries are a rich source of bioflavonoids, phenolic compounds and other natural substances. The amount of extract in a maximum daily dose (15 ml) corresponds to a minimum of 37 500 mg of cranberry fruit. It is possible to use Urinal® Syrup along with antibiotics. It is suitable for children from 1 year old, teenagers and adults.

Effects:

 In vitro anti-adherence effect of urine on uropathogenic bacteria after consumption of cranberry products

One serving (5 ml = 1 teaspoon) contains:

NutriCran® (dry cranberry extract) 500.0



Beliema® Effect

Heals, soothes and prevents yeast and bacterial vaginal infections

Beliema® Effect is a medical device for women that is useful in all cases of temporary alteration of the vaginal flora, which can be caused by bacteria or yeast. It can be used both in the case of smelly discharge due to non-specific vaginitis, or after treatment with chemotherapy and antibiotics for specific vaginitis (Candida, Trichomonas, Mycoplasma, etc.).

Beliema® Effect contains a combination of Lactobacillus acidophilus and lactic acid that is effective in both bacterial and yeast vaginal infections and contributes to the renewal of vaginal bacterial flora, thus restoring the physiological conditions of the vaginal microenvironment.

Due to its mode of action, Beliema® Effect may help to reduce burning, itching, vaginal discharge and odour. It is suitable complement to the antimicrobial or antimycotic treatment of vaginal infections. The ingredients of Beliema® Effect are safe and well tolerated with no irritant effects in the vagina.



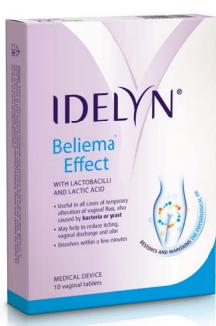
Effects:

- Useful in all cases of the temporary alteration of vaginal flora, which can be caused by bacteria or yeast
- May help to reduce itching, vaginal discharge and odour
- Restores and maintains the physiological pH
- Dissolves within a few minutes

One vaginal tablet contains:

Lactobacillus acidophilus	500.0 mil. UFC
Lactic acid (titrated to 60%)	15.0 mg

13-02129



Medical Device Class IIa.

Beliema® Expert Intimate Cream

Gentle calming and soothing cream with the antimicrobial agent chlorhexidine & BioEecolia®

Beliema® Expert Intimate Cream is a gentle soothing cream with the antimicrobial agent chlorhexidine, which stops the growth of bacteria and yeast, with acidic pH. It doesn't contain any synthetic perfume. This preparation with an antimicrobial substance is intended for application to the skin, for daily good intimate hygiene and for the removal of unpleasant feelings such as itching, irritation and burning, and possible unwanted odours caused by everyday activities and sweating. It contains Hyaluronic acid (for better hydration), lactic acid, boric acid (to adjust the pH to the physiological level), vitamins E and B5 in provitamin form, and marigold extract for its soothing properties and for the suppression of itching sensations. In addition, the product contains special BioEcolia® α -oligoglucans that as prebiotics help to restore the natural microflora of the skin in intimate areas and elsewhere. The cream reduces itching sensations and does not cause unwanted irritation. It brings back the feeling of freshness and induces a pleasant feeling.

Effects:

- Panthenol and marigold extract have soothing properties and thus suppress itching sensations
- Chlorhexidine stops the growth of bacteria and yeast that cause inflammation
- BioEcolia® prebiotics help to restore the natural microflora of the skin
- Lactic and boric acids contribute to the adjustment of the pH to the physiological level

Main ingredients:

Macadamia Integrifolia Seed Oil, Alpha-Glucan Oligosaccharide, Boric Acid, Chlorhexidine Digluconate, Tocopherol, Panthenol, Sodium Hyaluronate, Calendula Officinalis Flower Extract, Lactic Acid, Potassium Sorbate



Beliema® Expert Intimate Wash

Gentle cleansing gel with antimicrobial agent & BioEcolia® for special protection

Beliema® Expert Intimate Wash is a gentle foaming and cleansing wash gel with the antimicrobial agent chlorhexidine which stops the growth of bacteria and yeast. It has an acidic pH and a mild, pleasant natural fragrance. This preparation with an antimicrobial substance is intended for application to the skin, for daily hygiene and for removal of unpleasant feellings such as itching, irritation and burning, possible unwanted odours caused by everyday activities and sweating. It contains gentle & mild foaming substances, Hyaluronic acid (for better hydra-

tion), lactic acid, boric acid (to adjust the pH to the physiological level), vitamins E and B5 in provitamin form, and aloe vera extract for its soothing properties and the suppression of itching sensations. In addition, the product contains special BioEcolia® α -oligoglucans that as prebiotics help restore the natural microflora of the skin.

Beliema® Expert Intimate Wash reduces itching sensations and does not cause unwanted irritation. It returns a feeling of freshness and induces a pleasant feeling.

Main ingredients:

Alpha-Glucan Oligosaccharide, Chlorhexidine Digluconate, Aloe Barbadensis Leaf Juice Powder, Boric Acid, Lactic Acid, Tocopherol, Panthenol, Sodium Hyaluronate, Potassium Sorbate

13-02143

Effects:

- Chlorhexidine stops the growth of bacteria and yeast that cause inflammation
- BioÉcolia® (α -Glucan Oligosaccharide) prebiotics help restore the natural microflora of the skin, and the pH balance
- The combination of Panthenol and aloe vera extracts contributes to the suppression of itching sensations
- Lactic and boric acids help to adjust the pH to the physiological level



Mabelle®

Non-hormonal care during the menopause

Mabelle® is a non-hormonal preparation developed especially for the specific needs of women during the hormonal changes of the menopause. Each and every woman goes through a biological stage in her life which is linked to a variety of uncomfortable symptoms caused by a reduction in the level of female sex hormones estrogens - in her body.

Mabelle® consists of extracts from two herbs - flax and red clover - that may help to favourably influence these unpleasant manifestations. Lignans from flax (Linum usitatissimum) help to protect and support the health of breast tissue. Isoflavones from red clover (Trifolium pratense) act favourably in the suppression of hot flashes, sweating, restlessness and irritability. Herbal extracts contained in the preparation have a positive effect on the general physical and mental condition of menopausal women.

Effects:

- Flax and red clover extracts are recommended in menopausal disorders
- Red clover red extract helps to suppress hot flashes, sweating, restlessness and irritability
- Flax extract helps to favourably influence the health of breast tissue
- Red clover helps to support the cardiovascular system and the firmness of bones

One tablet contains:	
Flax (Linum usitatissimum)	62.5 mg
Red clover (Trifolium pratense)	500.0 mg







DIGESTIVE HEALTH

Fast and effective digestive health, recovery and maintenance

Digestive discomfort is inconvenient, and what's worse, unpredictable. Digestive discomfort, whilst potentially unavoidable, should be straightforward and easy to deal with.

DH-norm® promotes healthy digestion and provides simple and effective solutions for everyday common digestive health complaints to keep consumers' digestive systems in harmony with their bodies.

DH-norm® - Giving Customers Good Digestion.

Tammex® Family Plus

Treatment of acute and chronic diarrhoea

Tammex® Family Plus is a powdered medical device with a pleasant orange flavour containing 3 g of diosmectite and 2 g of prebiotic fibre. It is intended for the oral treatment of acute diarrhoea and painful symptoms related to gastrointestinal disorders. It provides relief in all cases of diarrhoea regardless of the primary reason (infection, antibiotic treatment, Irritable Bowel Syndrome, microbial imbalance) and facilitates the normalisation of intestinal microflora by restoring the proper balance between intestinal microorganisms.

Diosmectite is a natural clay characterized by its structure of fine overlapping crystalline lamellae, which gives it the high absorptive capacity needed to make it capable of incorporating the liquids present in the intestinal lumen, increasing stool consistency and slowing expulsion.

Tammex® Family Plus can be used for treating diarrhoea in adults as well as in children from the age of 6 years.

Effects

- Treats acute diarrhoea and painful symptoms related to gastrointestinal disorders
- Protects the intestinal walls and has an anti-inflammatory effect
- Captures and absorbs bacteria, bacterial toxins, viruses and other bowel irritants that cause diarrhoea
- Contributes to restoring the balance between intestinal microflora

One sachet contains:	
Diosmectite	3.0 g
Fibre	2.0 g

13-01999



Medical Device Class IIa.

Tammex® Junior

Treatment of acute and chronic diarrhoea

Tammex® Junior is a powdered medical device with a pleasant orange flavour containing 3 g of diosmectite. It is intended for the oral treatment of acute diarrhoea and painful symptoms related to gastrointestinal disorders. It provides relief in all cases of diarrhoea regardless of the primary reason (infection, antibiotic treatment, Irritable Bowel Syndrome, microbial imbalance).

Diosmectite is a natural clay characterized by its structure of fine overlapping crystalline lamellae, which gives it the high absorptive capacity needed to make it capable of incorporating the liquids present in the intestinal lumen, increasing stool consistency and slowing expulsion.

Tammex[®] Junior is intended for treating diarrhoea in children from the age of 1 year.

Effects

- Treats acute diarrhoea and painful symptoms related to gastrointestinal disorders
- Protects the intestinal walls and has an anti-inflammatory effect
- Captures and absorbs bacteria, bacterial toxins, viruses and other bowel irritants that cause diarrhoea

One sachet contains:

Diosmectite 3.0 g





Degasin®

Soothes and prevents bloating and flatulence

Degasin® is a medical device that improves intestinal and abdominal comfort in people affected by gastrointestinal problems linked to gas formation: bloating, flatulence and abdominal tension. Degasin® contains an active ingredient, simethicone. Simethicone is scientifically proven to act by reducing the surface tension of air bubbles present in the gastrointestinal tract and causing them to coalesce, thus helping to reduce gas and gas tension through its dispersion. Simeticone is neither absorbed nor metabolized by the organism; it is eliminated without any change in the faeces.

Effects

- Reduces the amount of gas, bloating and flatulence (anti-foam effect)
- · Reduces gas shadows in the digestive tract
- · Relieves intestinal and abdominal discomfort

One caps	ule contains:
Simethico	ne

257.5 mg

13-01710



Degasin® 2Go

Quick relief from bloating and flatulence

Degasin® 2Go is medical device containing simethicone, which acts as an anti-foaming agent that causes smaller air bubbles in the digestive tract to combine into larger bubbles which can be passed more easily. This reduces the gas more quickly, relieves pressure and relaxes the bowel. Degasin® 2Go has a fast, relaxing effect on excessive gas build-up and gas accumulation in the gastrointestinal region, and on functional disorders there, such as bloating, an early feeling of fullness, flatulence, burping, meteorism, borborygmi and wind. Degasin® 2Go comes in the form of tasty peppermint flavour lozenges. It can be taken anywhere and anytime because a glass of water is not needed.

Flatulence as a natural result of digestion occurs in both men and women. Women, however, have a slightly greater tendency to suffer from it than men. Flatulence is not a disease; it's just that the result is socially inacceptable.

Effects

- Improves intestinal and abdominal comfort
- Relieves pressure and relaxes the stomach
- Soothes and prevents bloating and flatulence
- Suitable for children from 6 years and for pregnant and breastfeeding women

One lozenge contains:

Simethicone

125.0 mg





Livinorm®

Milk thistle for supporting the proper function of the liver

Livinorm® contains Hepa DTX Complex, a combination of three active ingredients that are beneficial for liver health and its regeneration. Milk thistle helps to normalize liver function and improves the detoxifying capacity of the liver. It supports the regeneration of hepatic cells and helps to protect the liver, which in turn maintains its core functions and supports the purification of the body. Phosphatidylcholine is a major building block of cell membranes. It is crucial for optimal liver function and helps to protect the liver from external negative influences. Alpha-lipoic acid is an antioxidant which helps to protect the structure of cells from oxidative damage. In adition, it helps to maintain a normal level of blood cholesterol and has positive effects on fat burning.

Effects

- Choline (as a component of phosphatidylcholine) maintains normal liver function
- Milk thistle extract improves the detoxification capacity of the liver
- Milk thistle extract supports hepatic cell regeneration
- Milk thistle extract promotes bile production and therefore digestion

One capsule contains:	
Phosphatidylcholine	150.0 mg
Silymarin (from Milk thistle)	100.0 mg
Alpha-lipoic acid	100.0 mg

2-00333



Food Supplemen



RESPIRATORY HEALTH

Effective treatment and relief for the upper and lower respiratory tract

Septofort® acts against a wide range of bacteria and viruses, helping to combat the cause of sore throats. Septofort® is intended for the prevention and local treatment of infections in the oral cavity and upper respiratory tract.

Stopex® treats dry, hacky and irritable coughs and comes in tablet form. The active ingredient, dextromethorphan, acts on

the cough centre in the brain. It does not have an analgesic effect and has a minimal sedative effect.

Sinulan® consists of natural and herbal preparations from plant extracts and other ingredients that have a beneficial effect on the upper and lower respiratory tract, and on immunity.

Septofort®

Treatment of infections of the oral cavity and upper respiratory tract

Septofort® contains 2 mg of chlorhexidini digluconas. It is used for prevention and local treatment of the oral cavity and upper respiratory tract (aphthae, gum, tongue and pharynx inflammations, post-surgery in the mouth or throat, after tooth extractions, erosions of the oral mucosa of various origins, etc.).

Septofort® is a preparation for sore throat which disinfects the oral cavity and throat and acts against sore throat caused by a wide spectrum of bacteria and viruses. It prevents their further growth and reproduction.

Septofort® can be used by children from 5 years of age, adolescents and adults. It has an excellent mint flavour.

Effects:

- Prevents and treats local inflammation of the oral cavity and upper respiratory tract
- Decreases pain and scratching in the throat, suppresses pain when swallowing
- Has positive effects against inflammation of the gums and aphtae

One pastille contains:

Chlorhexidini digluconas 2.0 mg

15-00161



Stopex®

Treatment of hacky and irritable coughs

Cough is one of the most common illnesses. It is in fact a defensive action by the respiratory tract as it strives to remain clear. Hacky and irritable cough mainly accompanies illnesses of the upper respiratory tract. It can occur in every part of the respiratory tract at the beginning of inflammation, or as a cause for another form of irritation. Such a cough is very exhausting and very often results in throat pain, hoarseness, painful speech, etc. It is recommended that hacky and irritable cough be treated with cough suppressants (antitussives) such as Stopex® that inhibit the cough and thus provide necessary relief.

Effects:

- Treats dry, hacky and irritable coughs
- Has a very quick effect within 30 minutes after use
- Has a minimal sedative effect
- Small, easy-to-swallow tablets with a score line

One tablet contains:

Dextromethorphani hydrobromidum monohydricum

30.0 mg



Sinulan® Duo Forte

Dual strength for the upper and lower respiratory tract

Sinulan® Duo Forte contains a composition of herbal extracts that works in two ways, helping the upper (nose, sinuses) and lower (bronchi) respiratory tract and the immune system function well during changing weather conditions and during irritation. Extracts from garden nasturtium, common horseradish root, elderflower, common verbena and mullein flower support the physiological function of both the upper and lower respiratory tract and the immune system. Extracts of mullein flower and common verbena soothe the throat, larynx and vocal cords. Extracts of common verbena and elderflower exhibit antioxidant activity.

Effects:

- Herbal extracts (Garden nasturtium, common horseradish root and elderflower) support the physiological function of the respiratory tract and the immune system
- Herbal extracts (Mullein flower and common verbena) soothe the throat, larynx and vocal cords
- Herbal extracts (Common verbena and elderflower) exhibit antioxidant activity

One tablet contains:	
Garden nasturtium extract	171.4 mg
Common horseradish root extract	48.0 mg
Elderflower extract	25.0 mg
Common verbena extract	25.0 mg
Yellow gentian root extract	25.0 mg
Mullein flower extract	25.0 mg

15-00384



Sinulan® Forte

Herbal extracts for the improvement of upper respiratory tract health

Sinulan® Forte contains a composition of herbal extracts that support the function of the respiratory and immune system. Extracts of Andrographis paniculata leaves, elderflower, mullein flower and common verbena support the physiological function of the respiratory tract and the immune system. Extracts of mullein flower and common verbena herb soothe the throat, larynx and vocal cords. Extracts of common verbena and elderflower exhibit antioxidant activity.

Effects:

- Herbal extracts (Andrographis paniculata and elderflower) support the physiological function of the respiratory tract and immune system
- Herbal extracts (Mullein and common verbena) soothe the throat, larynx and vocal cords
- Herbal extracts (Common verbena and elderflower) exhibit antioxidant activity

One tablet contains:	
Andrographis paniculata leaf extract	25.0 mg
Elderflower extract	50.0 mg
Mullein flower extract	50.0 mg
Common verbena herb extract	50.0 mg
Yellow gentian root extract	50.0 mg



Sinulan® Forte Junior

Effective tasty syrup for children with nose and sinus problems

Sinulan® Forte Junior is tasty strawberry syrup containing a composition of herbal extracts that support the function of the respiratory and immune system. It also contains biotin, which helps keep the mucous membranes in good condition. Extracts of elderflower and Andrographis paniculata support the physiological function of the respiratory tract. Zinc supports the function of the immune system. Extracts of common lime-tree flower eases clearing of the throat. Extracts of mullein flower, common marshmallow root and common verbena soothe the throat, larynx and vocal cords.

Sinular Tool supplement Tool s

Effects:

- Herbal extracts (Elderflower, Andrographis paniculata) support the physiological function of the respiratory tract
- The herbal extract of the common lime-tree flower eases clearing of the throat and is diaphoretic
- Zinc support the function of the immune system
- Biotin helps to keep the mucous membranes in good condition

One serving (5 ml = 1 teaspoon) contains:	
Lime-tree flower extract	50.0 mg
Common marshmallow root extract	50.0 mg
Elderflower extract	50.0 mg
Andrographis paniculata leaf extract	25.0 mg
Common verbena extract	20.0 mg
Mullein flower extract	10.0 mg
Zinc	1.5 mg
Biotin	15.0 µg

13-02225

Food Supplemen

Sinulan® Express Forte

For the treatment of rhinosinusitis and rhinitis

Sinulan® Express Forte is a viscous decongestant product containing a hypertonic solution that treats the symptoms of rhinosinusitis and rhinitis of various origins. Sinulan® Express Forte forms a film over the nasal mucosa. The osmotically active film instantly attracts the hypotonic fluid present in the deeper, inner parts of the mucosa and creates a stream of hypotonic fluid. This mechanical effect detaches and drains all contaminants present in the nasal cavity and decongests the nasal passage. The clearing of sinus-blocking biofilm opens the sinuses, reducing pressure and pain. The film formed by Sinulan® Express Forte also protects the nasal surface from dryness, irritation and external attack. It additionally contains essential oils, which help reduce mucosal swelling and improve respiration.

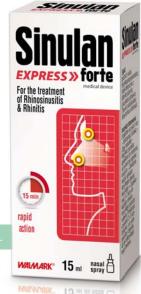
Effects:

- Has osmotic properties thanks to which sinuses open up, reducing pressure and pain
- Protects the nasal surface from dryness, irritation and external attack
- Essential oils help reduce mucosal swelling and improve respiration
- Suitable also for children from the age of 12 years, and for pregnant and lactating women

Ingredients:

Glycerol, Aqua, Hydroxypropylcellulose, Essential oils of Mentha piperita, Eucalyptus globulus, Thymus satureioides, Rosmarinus officinalis.

13-02131





Medical Device Class I.

Sinulan® Direct / Sinulan® Direct Junior

For the treatment of throat pain and infections in adults and children

Sinulan® Direct for throat pain is a viscous, filmogenic, hypertonic solution. When sprayed on the surface of the throat, Sinulan® Direct for throat pain forms an osmotically active film over the throat mucosa which mechanically attracts hypotonic fluid from the deeper parts of the throat. This strong outward flow of liquid detaches and drains all the contaminants present on the surface of the throat, including bacteria, free virus particles, dust particles, dead cells and cell debris. The product acts as a mechanical antiseptic and cleaning solution. The film helps to stop infection, and also protects the surface of the throat from dryness, irritation and external attack, thus reducing pain. It contains 100% natural and safe ingredients only.

Sinulan® Direct is intended for adults, while Sinulan® Direct Junior can be given to children above the age of 3 years.

Effects:

- Has osmotic properties which lead to the reduction of throat pain
- Acts as a mechanical antiseptic and cleansing solution
- Helps to stop infection by eliminating viruses and bacteria and protects the surface of the throat from dryness, irritation and external attack

Ingredients (Sinulan® Direct):

Glycerol, Aqua, Honey, extracts of Hedera helix and Ribes nigrum, Eucalyptus globulus essential oil.

13-02176

Ingredients

(Sinulan® Direct Junior):

Glycerol, Honey, Aqua, extracts of Vitis vinifera and Sambucus nigra, Glycine max.

13-021/

Sinulan Sinulan PORTHROAT PAIN FOR THROAT PAIN Throat pain & infections treatment WALMARK 30 ml throat spray Medical Device Class I

Sinulan® Aqua+ / Sinulan® Baby Aqua+

Cleansing spray for adults and children for the soothing of irritation in the nasal cavity

Sinulan® Aqua+ is a hypertonic solution of sea water from the Atlantic Ocean with valuable minerals enriched with natural plant extracts. It soothes irritations and facilitates breathing. It does not contain preservatives or propellants.

Having a stuffy nose is a regular problem for both adults and children. Colds, allergies, time spent in heated and air-conditioned rooms – these can cause the ability to breathe easily to completely disappear, which is most annoying during sleep and mealtimes. The consequences to one's nose of neglecting treatment can be serious – dry mucous membranes are an ideal place for the development of infection.

Sinulan® Aqua+ is designed to improve nasal patency, enable proper ventilation and support the regeneration of irritated nasal mucous membranes.

The natural hypertonic seawater solution contained in the preparation cleanses the nasal cavity and reduces the swelling of the nasal mucous membranes, which allows the nose and paranasal sinus openings to become unblocked. Sinulan® Aqua+ cleanses, soothes irritation and relieves congestion of the mucous membranes, regenerates damaged mucous membranes of the nasal cavity and improves breathing comfort.

Sinulan® Aqua+ is a preparation intended for adults, while Sinulan® Baby Aqua+ can be given to children from the age of 6 months.

Effects:

babyAQUA+

AOUA+

+ aloe extract

+ eucalyptus oil

clears the nose

cleanses
 soothes irritations

WALMARK 30ml nasal

- Helps to unblock the nasal cavity (in the case of colds, catarrh, sinusitis) and to ease breathing
- Intensively moisturizes and regenerates dry and irritated nasal mucosa
- Keeps the nose functioning properly and moisturizes the nasal mucous membranes, and combats both types of rhinitis caused by infections and allergies
- Brings a feeling of relief and freshness

Ingredients (Sinulan® Aqua+):

Sea water, Aloe barbadensis extract, eucalyptus oil, demineralized water.

13-02211

Ingredients (Sinulan® Baby Aqua+):

Sea water, hyaluronic acid (sodium hyaluronate), extract from Aloe barbadensis, eucalyptus oil, demineralized water.

13-02212

Medical Device Class I.





MEN'S HEALTH & PERFORMANCE

Taking care of prostate health and sexual health and performance

Prostenal® is provides comprehensive care for the prostate through its combination of herbal extracts that favourably suppress prostate problems and the symptoms of benign prostatic hyperplasia (BHP).

Permen® provides a quality health solution for male potency and fertility disorders. Male potency disorders are mostly manifested by erectile dysfunction.

Liderin® supports sexual performance by helping to induce and improve the erection.

Prostenal® FORTE

Saw palmetto and Urtica dioica for the maintenance of prostate health and normal urinary function

Prostenal® FORTE is a combination of PERFECT Complex and zinc. PERFECT Complex contains extracts of Saw palmetto and Urtica dioica. These herbal extracts beneficially affect men's health. Standardized Saw palmetto extract is recommended as source of fatty acids that help to maintain a healthy prostate and support peak urinary flow. Urtica dioica supports the excretory function of the kidneys and helps to maintain normal urinary function. Zinc is a mineral which is very important for men. It contributes to the maintenance of normal testosterone levels in the blood and due to this has a beneficial effect on men's fertility and reproduction.

Effects:

- Saw palmetto helps to maintain a healthy prostate
- Saw palmetto contributes to the maintenance of normal urinary function and proper urinary flow

PROSTATE HEALTH

- Urtica dioica helps to maintain normal urinary function
- Zinc contributes to the maintenance of normal testosterone levels in the blood
- Zinc has a beneficial effect on men's fertility and reproduction

One tablet contains:	
Saw palmetto extract	320.0 mg
Urtica dioica extract	240.0 mg
Zinc	10.0 mg

15-00331



Permen[®]

Tribulus terestris for the encouragement of sexual desire and performance

Permen® contains a combination of herbal substances and L-arginine. Ginseng helps to induce and improve the erection. Ginseng also helps to counteract fatigue and to promote vitality. Tribulus terrestris promotes virility and may enhance libido. It promotes sexual desire and capacity. L- arginine is the precursor of nitric oxide, a molecule which in turn plays a key role in the regulation of blood circulation via its effects on blood vessels. Permen® is recommended for long term usage.

Effects:

- Ginseng helps to induce and improve the erection
- Tribulus promotes sexual desire and capacity
- Tribulus promotes virility and may enhance libido
- Ginseng supports physical and mental performance

One tablet contains:	
Tribulus terrestris stand. extract	250.0 mg
L-arginine	166.7 mg
Panax ginseng stand. extract	83.3 mg





Permen® Max

Ginseng and Tribulus terestris encourage sexual desire and performance

Permen® Max contains an improved combination of herbal substances enriched with L-arginine. Its substances support mental and psychical efficiency in a natural way. Permen® Max contains a relatively high amount of L-arginine. It is the precursor of nitric oxide, a molecule which in turn plays a key role in the regulation of blood circulation via its effects on blood vessels. Panax ginseng helps to support and raise the erection. Panax ginseng itself helps to counteract fatigue and promote vitality. Tribulus terrestris promotes sexual desire and capacity. Permen® Max is recommended for long term usage.

Effects:

- Ginseng helps to support and raise the erection
- Tribulus terrestris promotes sexual desire and capacity
- L-arginine is a precursor of nitric oxide and can thus affect blood vessels
- Ginseng supports physical and mental performance

One tablet contains:	
L-arginine hydrochloride	300.0 mg
Panax ginseng stand. extract	83.3 mg
Tribulus terrestris stand. extract	50.0 mg
CystiCran® (cranberry extract)	10.0 mg

5-00257



Food Supplemen



MEMORY & COGNITIVE STIMULATION

Maintaining and supporting memory and concentration

GinkoPrim® positively influences memory, concentration and other brain functions thanks to a combination of Ginkgo biloba and Magnesium. Ginkgo biloba has a beneficial effect on peripheral (limbs) and cerebral (brain) blood circulation. Magnesium helps to release muscle tension and cramps, thus helping blood circulation.

MemoPlus® helps to better balance the consequences of stress and exhaustion. It positively influences mental abilities in particular, as well as the overall condition of the individual thanks to its caffeine content, which helps to maintain and improve alertness and concentration, and due to its Ginkgo biloba content.

GinkoPrim® SMART

Ginkgo biloba for better memory, concentration and mental activity

GinkoPrim® SMART contains three substances: Ginkgo biloba, DMAE and magnesium. Ginkgo biloba promotes peripheral blood circulation, and helps to maintain good cognitive function and memory as ageing progresses. Concurrently, Ginkgo biloba helps to maintain mental well-being (e.g. in terms of the shortterm ability of the memory to focus on work, and in moments of increased stress). Its effects on peripheral circulation are especially useful for the eyes and ears. Dimethylaminoethanol, also known as DMAE, is an organic compound that is related to choline and is found naturally in fish such as sardines and anchovies. Magnesium is essential for mental function and performance. It has beneficial effects on the nervous and muscular system.

Effects:

- Ginkgo biloba promotes peripheral blood microcirculation
- Ginkgo biloba helps to maintain the memory while ageing progresses and to preserve cognitive function
- Ginkgo biloba contributes to mental activity and the enhancement of cognitive performance
- Magnesium is essential for mental function and performance, and for the proper use of energy in the body
- Magnesium contributes to normal psychological function

One tablet contains:	
Ginkgo biloba stand. extract	60.0 mg
DMAE	20.0 mg
Magnesium	150.0 mg

15-00300



GinkoPrim® MAX 120

A high dose of Ginkgo biloba for better blood circulation and cognitive performance

GinkoPrim® MAX 120 is a unique combination of Ginkgo biloba, magnesium and zinc. Standardized extract of Ginkgo biloba guarantees a precisely defined amount of active ingredients (flavone glycosides, terpenolactones) that have unique biological features. Ginkgo biloba supports venous circulation and promotes peripheral blood circulation, helping to maintain good cognitive function, brain performance and mental well-being as the body ages. Moreover, its effects on peripheral circulation are especially useful for the eyes and ears. Magnesium is essential for psychological function and has a beneficial effect on the nervous and muscular system. Zinc contributes to normal cognitive function.

Effects:

- Ginkgo biloba promotes peripheral blood microcirculation
- Ginkgo biloba contributes to mental activity and supports cognitive performance
- Ginkgo biloba helps to maintain memory, concentration and mental well-being as the body ages, and to preserve cognitive function
- Magnesium has a beneficial effect on nervous and muscle function
- Zinc contributes to normal cognitive function

One tablet contains:	
Ginkgo biloba stand. extract	120.0 mg
Magnesium	150.0 mg
Zinc	15.0 mg





MemoPlus®

Ginkgo biloba for supporting memory, concentration and brain activity

MemoPlus® contains four carefully selected substances. Ginkgo biloba promotes peripheral blood circulation, and helps to maintain good cognitive function and memory. Ginkgo biloba helps to maintain mental well-being (e.g. in terms of the short-term ability of memory to focus on work, and in moments of increased stress). Its effects on peripheral circulation are especially useful for the eyes and ears. Vitamin B6 and magnesium are important for the function of the nervous system. Magnesium is essential for mental function and performance. Caffeine helps to maintain and improve alertness and concentration, and improves long-term performance.

Effects:

- Ginkgo biloba helps to maintain good cognitive function and memory
- Caffeine helps to strengthen the ability to concentrate
- Caffeine is suitable in cases of tiredness and fatigue
- Magnesium has a beneficial effect on the proper function of the nervous and muscular system

One tablet contains:	
Ginkgo biloba stand. extract	20.0 mg
Vitamin B6	4.0 mg
Magnesium	150.0 mg
Caffeine	60.0 mg

15-00376



MemoPlus® Energizer

Ginkgo biloba for the stimulation of memory, concentration and brain activity

MemoPlus® Energizer contains four carefully selected substances. Ginkgo biloba promotes peripheral blood circulation, and helps to maintain good cognitive function and memory. Ginkgo biloba helps to maintain mental well-being (e.g. in terms of the short-term ability of memory to focus on work, and in moments of increased stress). Vitamin B6 contributes to the reduction of tiredness and fatigue and is important for the function of the nervous system. Caffeine helps to maintain and improve alertness, and improves physical performance and concentration. In addition, the composition is enriched by taurine.

Effects:

- Ginkgo biloba helps to maintain good cognitive function and memory
- Caffeine helps to strengthen the ability to concentrate
- Caffeine is suitable in cases of tiredness and fatigue
- Magnesium has a beneficial effect on the proper function of the nervous and muscular system

One tablet contains:	
Ginkgo biloba stand. extract	20.0 mg
Vitamin B6	4.0 mg
Caffeine	40.0 mg
Taurine	50.0 mg







MULTIVITAMINS & MINERALS FOR ADULTS

A well-balanced complex of essential micronutrients for adults

Spektrum® provides a daily dose of essential vitamins, minerals and trace elements. To meet contemporary lifestyle needs there are two main product ranges – Organic and On-the-go.

The Organic range of chewable tablets contains sources of vitamins and microelements

that are derived exclusively from organic sources for better absorption, utilization and effect in the body.

The On-the-go range of gummies and chewable pastilles includes a dose of micronutrients in a convenient dosage form that is easy to use and has a great taste.





Spektrum® Imunactiv®

Multivitamins and minerals with vitamin C and Zinc for the natural defence of the body

Spektrum® Imunactiv® contains basic vitamins and minerals. Vitamin A contributes to the maintenance of normal vision. Vitamin B2 helps red blood cells keep their proper structure. Vitamin C is a protective antioxidant that positively protects cell constituents from oxidative damage. Copper is needed for the pigmentation of the skin and hair. Calcium is important for strong bones and healthy teeth. Zinc contributes to normal cognitive function. All the necessary vitamins in Spectrum® Imunactiv® are in the recommended daily doses. Moreover, Spektrum® is enriched with Imunactiv® complex, which contains beta glucan, bioflavonoids, vitamin C and zinc. Vitamin C and zinc help to support the immune system.

Spektrum Food Supplement Imunactiv Spektrum For strengthening immunity Food Supplement 30 tablet

Effects:

- Vitamin C and Zinc help to stimulate the immune system
- It is suitable as a supplement during increased demands on the human body for vitamins and minerals, especially during periods of increased physical and mental stress

One tablet contains:

Imunactiv® complex	
Beta glucan	50.0 mg
Bioflavonoid complex	25.0 mg
Vitamin C	80.0 mg
Zinc	10.0 mg
Vitamin A	800.0 µg
Vitamin B1	1.1 mg
Vitamin B2	1.4 mg
Vitamin B3	16.0 mg
Vitamin B5	6.0 mg
Vitamin B6	1.4 mg
Vitamin B12	2.5 µg
Vitamin D	5.0 µg
Vitamin E	12.0 mg
Vitamin K	75.0 µg
Biotin	50.0 µg
Folic acid	200.0 µg
Kelp extract	150.0 mg
Magnesium	100.0 mg
Manganese	2.0 mg
Copper	1.0 mg
Selenium	55.0 µg
Calcium	120.0 mg
Iron	14.0 mg

15-00206

Spektrum® Energy

Multivitamins and minerals with vitamin B6 for energy maintenance

Spektrum[®] Energy contains basic vitamins and minerals. Vitamin A contributes to the maintenance of normal vision. Vitamin B2 helps red blood cells keep their proper structure. Vitamin C is an protective antioxidant that positively protects cells constituents from oxidative damage. Copper is needed for the pigmentation of the skin and hair. Calcium is important for strong bones and healthy teeth. Iron is needed for the normal formation of red blood cells and hemoglobin. Zinc contributes to normal cognitive function. All vitamins are in the recommended daily doses. Spektrum® Energy also contains Coenzyme Q10, which naturally occurs in the body, where it plays one of the key roles in obtaining energy from food. It is beneficial in cases when the body has heightened energy needs.

Effects:

- Supplies essential vitamins and minerals
- Coenzyme Q10 supports the supply of energy in cases when the body has heightened energy needs

One tablet contai	ns:
Coenzyme Q10	10.0 mg
Vitamin A	800.0 µg
Vitamin B1	1.1 mg
Vitamin B2	1.4 mg
Vitamin B3	16.0 mg
Vitamin B5	6.0 mg
Vitamin B6	1.4 mg
Vitamin B12	2.5 µg
Vitamin C	80.0 mg
Vitamin D3	5.0 µg
Vitamin E	12.0 mg
Vitamin K	75.0 µg
Folic acid	200.0 µg
Biotin	50.0 µg
Magnesium	100.0 mg
Calcium	120.0 mg
Kelp extract	150.0 mg
Manganese	2.0 mg
Copper	1.0 mg
Selenium	55.0 µg
Zinc	10.0 mg
Iron	14.0 mg

15-00286

Food Supplement



Spektrum® 50+

Multivitamins and minerals with ginseng for an active life above fifty

Spektrum® 50+ contains vitamins and minerals enriched with ginseng root extract and the active ingredient dimethylaminoethanol (DMAE). Vitamins and minerals are essential to sustain physical and mental vitality while ageing. The group of B vitamins helps keep the energy-yielding metabolism and nervous system functioning normally. Spektrum® 50+ contains an increased level of vitamin D, which is important for the structure of bones and helps to absorb calcium in the gastrointestinal tract in order to keep a healthy balance of calcium in the organism. Ginseng has been known for centuries as a contributor to the maintenance of a normal mental state and performance, and normal cognitive performance.



For active lift above fifty

Effects:

 Ginseng contributes to a normal mental state and performance

ORGANIC RANGE

- · Ginseng contributes to normal cognitive
- Vitamins and minerals help to support the nervous system

One tablet contains:	
Vitamin A	1200.0 µg
Vitamin B1	2.0 mg
Vitamin B2	2.0 mg
Vitamin B3	16.0 mg
Vitamin B5	9.0 mg
Vitamin B6	1.4 mg
Vitamin B12	2.5 µg
Vitamin C	80.0 mg
Vitamin D	10.0 µg
Vitamin E	12.0 mg
Folic acid	200.0 µg
Manganese	2.0 mg
Copper	1.0 mg
Calcium	280.0 mg
Zinc	10.0 mg
DMAE (Dimethylaminoethanol)	20.0 mg
Ginseng extract	100.0 mg

15-00205

Spektrum® Gummies Immunity

Tasty vitamins and minerals with Echinacea for immunity

Spektrum® Gummies Immunity is a complex of vitamins and minerals in balanced proportions enriched with Echinacea extract (Echinacea purpurea) to help support the body's immune functions. Echinacea has been used for centuries as an immunity booster, especially during the season when colds are more prevalent. In addition, vitamins C, A, D, B6, B12, folic acid and minerals selenium and zinc are important for the natural immune system of the body. Spektrum® Gummies Immunity is available in the form of gummies, which are very easy to take every day. The tasty gummies are available in orange, cherry and forest fruits flavours with no artificial colourings.

Effects:

- Echinacea supports the immunity functions
- Vitamin C, selenium and zinc are important for the body's natural immune system

One gelatine gummy contains:	
Echinacea stand. extract	30.0 mg
Vitamin A	400.0 µg
Vitamin B1	0.6 mg
Vitamin B3	8.0 mg
Vitamin B5	3.0 mg
Vitamin B6	0.7 mg
Vitamin B12	1.3 µg
Vitamin C	40.0 mg
Vitamin D3	2.5 µg
Vitamin E	6.0 mg
Folic acid	100.0 µg
Biotin	25.0 µg
Manganese	1.0 mg
lodine	75.0 µg
Selenium	27.5 µg
Zinc	5.0 mg







Spektrum® Gummies 50+

Tasty vitamins and minerals with Sea Buckthorn for adults above fifty

Spektrum® Gummies 50+ contain a complex of vitamins and minerals in balanced proportions enriched with Sea Buckthorn extract (Hippophae rhamnoides), specially formulated for an active life above 50 years of age. Sea Buckthorn extract contributes to the natural defences of the human body and has a beneficial effect on the cardiovascular system and skin, and also supports digestion. Vitamin C and zinc contribute to the normal function of the immune system. Manganese and vitamins K and D help to maintain strong bones. Selenium and vitamin E contribute to the protection of cells from oxidative stress. Chromium contributes to the maintenance of normal blood glucose levels. Iodine helps to ensure the normal function of the nervous system and thus to keep the mind sharp. Spektrum® Gummies 50+ is available in the form of gummies, which are very easy to take every day. The tasty gummies come in orange, pineapple and apple flavours with no artificial colourings.

Effects:

- Sea Buckthorn has a beneficial effect on the cardiovascular system and skin
- Manganese and vitamins K and D help to maintain strong bones
- Selenium and vitamin E contribute to the protection of cells from oxidative stress
- Chromium contributes to the maintenance of normal blood glucose levels
- lodine helps to ensure the normal function of the nervous system

One gelatine gummy co	ntains:
Sea Buckthorn extract	5.0 mg
Vitamin A	400.0 µg
Vitamin B1	0.6 mg
Vitamin B3	8.0 mg
Vitamin B5	3.0 mg
Vitamin B6	0.7 mg
Vitamin B12	1.3 µg
Vitamin C	40.0 mg
Vitamin D3	2.5 µg
Vitamin E	6.0 mg
Folic acid	100.0 µg
Biotin	25.0 µg
Manganese	1.0 mg
lodine	75.0 µg
Selenium	27.5 µg
Chromium	20.0 µg
Zinc	5.0 mg







WALMARK LINE

Taking care of family health in the best and easiest way

The Walmark Line is a comprehensive range of food supplements scientifically developed under the traditional Walmark brand. It offers a broad portfolio of efficient and high quality products covering a wide range of health and wellness needs for the whole family by providing solutions for prevention,

protection, and development, as well as acute problems.

Walmark Line food supplements enable families to take charge of their health by offering an easy choice so that they can focus on other things and enjoy a better quality of family life.

Walmark Line - The First Choice for Food Supplements.





ImunoElixeer® Rapid

Potent herbal formula for strong immune system support

ImunoElixeer® RAPID is a premium quality immunity enhancer containing an optimal combination of 4 strong herbal extracts traditionally used to support the respiratory tract. It is enriched with a high dosage of zinc & vitamin C for a healthy immune system. It is intended for people suffering from the first symptoms of respiratory tract infections, and those needing to provide strong support to their immune system.

Effects:

- Echinacea, Curcuma, Black Elderberry, Vitamin C and Zinc help to support the immune system
- Echinacea, Pelargonium, Curcuma and Black Elderberry contribute to respiratory health
- Curcuma, Black Elderberry, Vitamin C and Zinc protect cells from oxidative stress caused by free radicals

One tablet contains:	
Echinacea purpurea extract	400.0 mg
Pelargonium sidoides extract	1500.0 mg
Curcuma longa extract	1000.0 mg
Sambucus nigra	1400.0 mg
Vitamin C	100.0 mg
Zinc	10.0 mg

15-00202/3

Mega C Vitamin

A high dose of vitamin C that supports the immune system

Mega C Vitamin provides high daily dosage of vitamin C in one tablet. It is suitable for immunity support. It is essential for a variety of physiological functions and it contributes to the protection of cells against oxidative stress caused by free radicals.

One tablet contains:	
Vitamin C	600.0 mg

Mega (

600 mg

High daily dose in one tasty

15-00202/3



Magnesium+B6

Magnesium to support the muscles and the nervous system

Magnesium+B6 contains highly absorbable magnesium produced from an organic source in combination with vitamin B6 for its superior bioavailability. Magnesium is an essential mineral component of the human body needed for the function of the nervous system and muscles, for the formation and maintenance of healthy bones and teeth, and for the metabolism of energy. Vitamin B6 contributes to the normal function of the nervous system and to normal psychological functions. Moreover, vitamin B6 leads to a reduction in tiredness and fatigue.

Effects:

- Magnesium is necessary for the nervous and muscular system
- Vitamin B6 maintains the normal functions of the immune system
- Magnesium contributes to the maintenance of healthy bones and teeth
- Vitamin B6 helps to reduce tiredness and fatigue

One tablet contains:	
Magnesium	50.0 mg
Vitamin B6	1.4 mg



Coenzyme Q10 + Carnitine

Supporting energy and vitality

A unique patented combination of high quality natural Coenzyme Q10 and Carnitine. Coenzyme Q10 is an important element for the formation of energy in the body and for supplying the organs with oxygen. L-carnitine is an important source of energy and significantly complements the positive effect of Coenzyme Q10 in the body.

Effects:

- Coenzyme Q10 plays a key role in the obtaining of energy from food
- Carnitine participates in the process of energy production

10.0 mg
50.0 mg



B-complex + Vitamin C

A combination of B vitamins supporting energy and vitality

The B-group vitamins play an important role in many essential bodily functions. They are important for the function of the nervous system and they contribute to the reduction of tiredness

One tablet contains:	
Vitamin B1	1.8 mg
Vitamin B2	2.0 mg
Vitamin B3	7.0 mg
Vitamin B5	4.6 mg
Vitamin B6	2.2 mg
Vitamin C	30.0 mg

WALMARK'

15-00000

Viaderm® Beauty

Complete care for women's beauty

Viaderm® Complete is a nutricosmetic product containing vitamins, minerals and herbal extracts. Viaderm® Complete, unlike cosmetics, operates directly from inside the organism and nourishes the body from within. Viaderm® Complete contains Evening primrose with gamma-linolenic acid, which helps to maintain healthy skin. Biotin contributes to the maintenance of normal hair and copper is responsible for normal hair pigmentation. Zinc contributes to the maintenance of normal nails. It is recommended that Viaderm® Complete be used for a period of at least 2 months, and that the treatment be repeated several times per year.

Effects:

- Evening primrose helps to maintain healthy skin
- Vitamin A, niacin and zinc contributes to the maintenance of normal skin
- Biotin and zinc contribute to the maintenance of normal hair
- Copper contributes to normal hair and skin pigmentation
- Zinc contributes to the maintenance of normal nails
- Vitamin E and zinc (antioxidants) protect cells against harmful oxidative stress

Evening primrose	350.0 mg
L-methionine	62.5 mg
Biotin	75.0 µg
Silicon	5.0 mg
Niacin	8.0 mg
Zinc	7.5 mg
Copper	0.5 mg
Vitamin E	5.0 mg
Vitamin A	190.0 µg
12-00257	

One capsule contains:





Triple action

WALMARK®



Selezin ACE Complex

Selenium, zinc and vitamins A, C, E for healthy hair, nails, skin and cell protection

Selezin ACE Complex represents a unique and balanced combination of minerals (selenium and zinc) enriched by vitamins A, C, E and B6. All contained vitamins and minerals have antioxidant effects which protect the human body against the negative influence of free radicals. Moreover it contributes to the maintanance of normal hair, skin and nails.

Effects:

- Selenium, Zinc and Vitamins C and E have antioxidant effects that protect the body's cells from oxidative stress caused by free radicals
- Selenium and Zinc contribute to the maintenance of normal hair and nails
- Vitamin A, Vitamin C and Zinc contribute to the maintenance of normal skin
- Vitamin A and C, selenium and zinc help to support the immune system

One tablet contains:	
Selenium	100.0 µg
Zinc	15.0 mg
Vitamin A	1000.0 µg
Vitamin B6 (pyridoxin)	2.2 mg
Vitamin C	90.0 mg
Vitamin E	15.0 mg

15-00127



Dialevel®

Cinnamon and chromium for maintaining a healthy level of sugar in the blood

Dialevel® contains three substances, alpha lipoic acid, cinnamon and chromium. Cinnamon helps to maintain a healthy blood sugar level. Chromium contributes to the maintenance of a normal blood glucose level and also helps to maintain proper macronutrient metabolism. Dialevel® is intended for people suffering from diabetes and people with impaired glucose tolerance (IGT). Its use is also recommended for people suffering from obesity in order to help them reduce their body weight.

Effects:

- Cinnamon and chromium help to maintain a healthy level of sugar in the blood
- Is suitable for diabetics, prediabetics taking general preventive measures (diets and exercise), people with impaired glucose tolerance, and overweight people

One tablet contains:	
Alpha lipoic acid	200.0 mg
Cinnamon extract	55.6 mg
Chromium	60.0 µg





OmegaPrim®

EPA and DHA to support heart health

OmegaPrim® Forte contains fish oil with high quantities of omega-3 unsaturated fatty acids – eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). EPA is important for keeping the heart healthy and contributes to proper cardiac function. Coenzyme Q10 is found in almost every cell in the body and is necessary for the production of energy. Selenium plays a very important antioxidant role in the body and so contributes to cell protection from the damage caused by free radicals.

Effects:

- EPA and DHA help to keep the heart functioning normally
- DHA supports brain function and normal vision
- Selenium has antioxidant properties

One capsule contain	ns:
Fish oil	1000.0 mg
EPA (18%)	180.0 mg
DHA (12%)	120.0 mg
Coenzyme Q10	31.0 mg
Selenium	50.0 µg

12-00334

OmegaPrim® Optimal combination of Omega 3, Coenzyme Q10 and Selenium for your healthy heart Maintains optimal cholesterol level Supports health of heart and blood vessels Supports health of heart and blood vessels 30 capsules

Food Supplement

Vitavision® Forte

With vitamin A and zinc for normal vision

Vitavision® Forte contains five carefully chosen substances – lutein, zeaxanthin, zinc and vitamins A and E. Lutein and zeaxanthin are carotenoids naturally occurring in the eyes, where they represent a very important component. They are concentrated in the macula, a small area of the retina that is responsible for central vision. Vitamin A and zinc contribute to the maintenance of normal vision. Zinc is also very important for the proper metabolism of vitamin A. Vitamin E and zinc as antioxidants contribute to the protection of cells from oxidative stress.

Effects:

- Vitamin A and zinc contribute to the maintenance of normal vision
- Zinc is very important for the proper metabolism of vitamin A
- Vitamin E and zinc as antioxidants contribute to the protection of cells from oxidative stress
- Recommended to people with tired eyes and people intensively working with a PC

One capsule contains:	
Lutein	20.0 mg
Zeaxanthin	0.5 mg
Vitamin A	400.0 µg
Vitamin E	36.0 mg
Zinc	15.0 mg





Varixinal[®]

Horse chestnut for healthy veins

Varixinal® contains horse chestnut, gotu kola, bilberries and butcher's broom, all of which have a beneficial effect on veins. Horse chestnut helps to increase the elasticity and strength of blood vessels and vein walls and has a positive effect on venous function. Butcher's broom and gotu kola support venous circulation in the legs. Bilberries are known as effective antioxidants which help to keep veins elastic and may also help to maintain vascular integrity. The composition is enriched by the bioflavonoid hesperidine and vitamin C, which are essential for the normal function of blood vessels.

Varixinal® is also available as a gel which is intended for people with signs of venous insufficiency, demonstrated for example by tired-feeling heavy legs, varicose veins or swelling calves.

Effects:

- · Horse chestnut decreases the sensation of heaviness and tiredness in legs, bringing relief and lightness
- Horse chestnut, gotu kola, bilberries and butcher's broom beneficially affect the venous system
- Bilberries help to maintain vascular integrity
- · Vitamin C is important for the normal function of blood vessels

One tablet contains:	
Horse chestnut	1500.0 mg
Butcher's broom	800.0 mg
Vitamin C	250.0 mg
Bilberries	200.0 mg
Gotu kola	100.0 mg
Hesperidine	100.0 mg



Hespidin®

Horse chestnut with a beneficial effect on haemorrhoids

Hespidin® contains diosmin, hesperidin and horse chestnut. Horse chestnut helps to support the health of veins and capillaries, and maintains healthy blood circulation. It therefore has a beneficial effect on vascular structures in the area around the anus - haemorrhoids. Diosmin and hesperidin are naturally occurring bioflavonoids extracted from citrus fruits. The extract is micronized into particles of microscopic size in order for it to be absorbed easily and quickly into the organism.

Hespidin® is also available as a gel that has a beneficial effect on skin during the occurrence of haemorrhoids. It helps to reduce itching, has a pleasant aroma and absorbs well.

Effects:

- Horse chestnut beneficially affects the medical condition of haemorrhoids
- Horse chestnut beneficially affects overall vascular health, i.e. also in the area around
- Horse chestnut helps to maintain good venous blood circulation

One tablet contains:	
Diosmin	450.0 mg
Horse chestnut extract	200.0 mg
Hesperidine	50.0 mg

12-00299 / 13-01675



Omega 3 Plus

Advanced formula with Omega 3, Selenium & Vitamins D and E

Omega 3 Plus is a balanced and unique combination of high quality fish oil enriched with Selenium and Vitamins D and E. It contributes to the normal function of the heart and to normal brain & visual function. It also supports the function of the immune system.

One capsule contains:	
Fish oil:	1000.0 mg
EPA 18 %	180.0 mg
DHA 12 %	120.0 mg
Selenium	50.0 µg
Vitamin E	5.0 mg
Vitamin D	3.3 µg

12-00386

Iron Complex

Premium quality iron enriched with vitamins and minerals for blood formation

Iron Complex is a combination of iron with other complementary vitamins and minerals. Iron is an essential component of haemoglobin in red blood cells and, together with vitamin B12, is important for normal red blood cell formation.

One tablet contains:	
Vitamin C	80.0 mg
Vitamin E	12.0 mg
Vitamin B12	7.5 µg
Folic acid	600.0 µg
Iron	20.0 mg
Magnesium	100.0 mg
Zinc	5.0 mg
Selenium	50.0 µg

15-00269



Benosen[®]

Valerian and hop extracts for healthy and calm sleep

Benosen® contains L-theanine and extracts from valerian and hops. Valerian and hop extracts help to induce mental and physical relaxation and aid in falling asleep. They have a soothing effect on the nervous system, contribute to optimal physical and mental relaxation and help provide high-quality, healthy sleep. Benosen® is recommended during periods of mental strain and long term exposure to stressful situations, or generally as an aid in coping with a busy lifestyle. It does not cause addiction or withdrawal symptoms after usage ends.

Effects:

- · Valerian and hop extracts improve sleep quality
- Valerian and hop extracts relieve occasional sleeping difficulties
- Valerian and hop extracts contribute to the total relaxation of the organism
- Valerian and hop extracts help to overcome inner tension and stress

One tablet contains:	
Hop extract	150.0 mg
L-theanine	100.0 mg
Valerian extract	50.0 mg





StresVit®

B vitamins and copper for a normally functioning nervous system

StresVit® contains important nutrients for stressful situations. Stress, like any physical or emotional strain on the organism, leads to the development of stress responses by the organism. B vitamins (B1, B2, B3, B6, B12, biotin), vitamin C and copper help the nervous system to function normally. They are also necessary to maintain energy and overall vitality. Zinc contributes to normal cognitive functions as well as to resistance to stress. Folic acid, zinc, copper, vitamins B6, B12 and vitamin C contribute to the normal function of the immune system.

Effects:

- B vitamins (B1, B2, B3, B6, B12), biotin, vitamin C and copper help the nervous system to function normally
- Vitamin B group, vitamin C, biotin and copper are necessary to maintain energy and overall vitality
- Folic acid, zinc, copper, vitamins B6, B12 and vitamin C support the immune system

One tablet contains:		
Vitamin B1	10.0 mg	
Vitamin B2	10.0 mg	
Vitamin B3	100.0 mg	
Vitamin B5	20.0 mg	
Vitamin B6	5.0 mg	
Vitamin B12	12.0 µg	
Vitamin C	500.0 mg	
Vitamin E	20.1 mg	
D-biotin	45.0 µg	
Folic acid	400.0 µg	
Copper	3.0 mg	
Zinc	23.9 mg	





Food Supplement

Calcium Magnesium Zinc Forte

Calcium and magnesium for bones and the nervous system

Calcium Magnesium Zinc Forte contains essential substances for key operations in the human body. All contained substances are needed for maintaining healthy bones. Calcium is a fundamental building element for structure of bones and teeth. Calcium and magnesium are especially important for maintaining healthy and strong teeth, and are essential for the proper function of the nervous system and muscles. Zinc helps to support a normal immune system. Vitamin D helps to absorb calcium and keeps calcium in balance in the organism.

Calcium Magnesium Zinc Forte is suitable especially for elderly people, people confined to their bed for a long period or during periods of convalescence. It is recommended for women during periods of pregnancy, breast-feeding or menopause.

Effects:

- Calcium, magnesium, zinc and vitamin D help to maintain healthy bones
- Calcium, magnesium and vitamin D contribute to healthy & strong teeth and normal muscle function
- Vitamin D helps to absorb calcium in the gastrointestinal tract and keeps a balance of calcium in the organism
- Zinc contributes to the protection of cells from oxidative stress & maintains healthy skin, hair and nails

One tablet contains:	
Calcium	400.0 mg
Magnesium	155.0 mg
Zinc	8.5 mg
Vitamin D	2.0 µg



Selenium

Organic selenium for immunity, healthy hair and nails

Selenium is a powerful antioxidant and an essential mineral with a number of vital roles in the body. It contributes to the normal function of the immune system and the maintenance of healthy hair and nails. It helps to protect cells from oxidative stress caused by free radicals. It contributes as well to normal spermatogenesis (male fertility) and normal thyroid function.

One tablet contains:	
Selenium	100.0 µg

15-00166

Zinc

Organic zinc for hair, skin, nails and immunity

Zinc is an essential trace element vital for a variety of biological functions and is an important component of many enzymes in the human body. It helps to keep the hair, nails, skin and bones healthy. It protect cells from oxidative stress caused by free radicals and supports the immune system. It contributes to maintaining male fertility and reproduction. It supports normal testosterone levels in the blood and contributes to normal protein synthesis.

One tablet contains:	
Zinc	15.0 mg
15-00165	



Vitamin D3 Drops

100% pure vitamin D in a highly absorbable liquid form

Vitamin D3 Drops represents a premium quality, 100% pure & highly bioavailable vitamin D formula. Vitamin D is a fat-soluble vitamin stored in the body's fatty tissue that plays a significant role in many important body functions. It helps to maintain healthy bones and teeth, and supports the normal function of the immune system. Moreover, it contributes to the normal absorption and utilization of calcium and phosphorus.

One serving (1 sque	eze = 0.05 ml) contains:
Vitamin D3	10.0 µg
12 02220	

Coenzyme Q10 Forte

High quality natural Coenzyme Q10

Coenzyme Q10 is an essential component found in almost every cell of the human body. It occurs in high amounts in organs like the heart, lungs and liver. It plays a key role in the obtaining of energy from food. A low level of Coenzyme Q10 may also be caused by taking statins (drugs for lowering the level of cholesterol).

One capsule contains:	
Coenzyme Q10	60.0 mg
12-00127	

Lecithin Forte

Contains linoleic acid, which helps to maintain healthy blood cholesterol levels

Lecithin from soya beans is a phospholipid and is one of the basic building blocks of the cell membranes. It is an important natural source of choline, inositol and also linoleic acid, which helps maintain healthy blood cholesterol levels.

One capsule contains:		
Lecithin	1 325.0 mg	



INDEX

ALPHABETICAL LIST OF PRODUCTS

INDEX ALPHABETICAL LIST OF PRODUCTS

B-complex + Vitamin C	74	Permen®	57
Beliema® Effect	34	Permen® Max	58
Beliema® Expert Intimate Cream	35	Proenzi® BodyFIX	15
Beliema® Expert Intimate Wash	36	Proenzi® Comfort	12
Benosen [®]	83	Proenzi® Comfort Stick	13
Calcium-Magnesium-Zinc Forte	85	Proenzi® Cream	14
Coenzyme Q10 + Carnitine	74	Proenzi® Gel	14
Coenzyme Q10 Forte	87	Proenzi® Intensive	9
Degasin [®]	42	Proenzi® Probeven 750 mg	8
Degasin® 2Go	43	Proenzi® Rapid	10
Dialevel®	77	Proenzi® 3 Plus	11
GinkoPrim® MAX 120	61	Proenzi® ThermoTherapy	16
GinkoPrim® SMART	60	Prostenal® FORTE	56
Hespidin®	81	Selenium	86
Hespidin® gel	81	Selezin ACE Complex	76
ImunoElixeer® Rapid	72	Septofort®	46
Iron Complex	82	Sinulan® Aqua+	53
Lecithin Forte	87	Sinulan® Baby Aqua+	53
Livinorm [®]	44	Sinulan® Direct	52
Mabelle®	37	Sinulan® Direct Junior	52
Magnesium+B6	73	Sinulan® Duo Forte	48
Martians® Gummies with BoneActive	25	Sinulan® Express Forte	51
Martians® Gummies with Echinacea	22	Sinulan® Forte	49
Martians® ImunoFORTE	18	Sinulan® Forte Junior	50
Martians® ImunoFORTE syrup	19	Spektrum® 50+	68
Martians® Lactobacillus	23	Spektrum® Energy	
Martians® Omega 3	27	Spektrum® Gummies 50+	70
Martians® Omega 3 syrup	26	Spektrum® Gummies Immunity	69
Martians® syrup with Imunactiv®	21	Spektrum® Imunactiv®	66
Martians® with Imunactiv®	20	Stopex®	47
Martians® with Inulin	24	StresVit®	84
Mega C Vitamin	72	Tammex® Junior	
MemoPlus®	62	Tammex® Family Plus	40
MemoPlus® Energizer	63	Urinal Akut®	30
Omega 3 Plus	82	Urinal®	31
OmegaPrim®	78	Urinal® Balance	32

Permen®	57
Permen® Max	. 58
Proenzi® BodyFIX	15
Proenzi® Comfort	12
Proenzi® Comfort Stick	13
Proenzi® Cream	14
Proenzi® Gel	14
Proenzi® Intensive	9
Proenzi® Probeven 750 mg	8
Proenzi® Rapid	10
Proenzi® 3 Plus	11
Proenzi® ThermoTherapy	16
Prostenal® FORTE	. 56
Selenium	. 86
Selezin ACE Complex	76
Septofort®	.46
Sinulan® Aqua+	. 53
Sinulan® Baby Aqua+	. 53
Sinulan® Direct	. 52
Sinulan® Direct Junior	. 52
Sinulan® Duo Forte	.48
Sinulan® Express Forte	51
Sinulan® Forte	.49
Sinulan® Forte Junior	.50
Spektrum® 50+	. 68
Spektrum® Energy	67
Spektrum® Gummies 50+	.70
Spektrum® Gummies Immunity	. 69
Spektrum® Imunactiv®	. 66
Stopex®	. 47
StresVit®	.84
Tammex® Junior	41
Tammex® Family Plus	.40
Urinal Akut®	.30
Urinal®	31
III: IA D I	~~

Urinal® Syrup	33
Varixinal®	80
Varixinal® gel	80
Viaderm® Beauty	75
Vitamin D3 Drops	87
Vitavision® Forte	79
Zinc	86



Walmark, a.s.

Oldřichovice 44, 739 61 Třinec, Czech Republic e-mail: export@walmark.cz, tel.: +420 558 301 348, fax: +420 558 301 366 www.walmark.eu © 2016



Walmark, a.s.

Oldřichovice 44 739 61 Třinec Czech Republic

phone: +420 558 301 348 fax: +420 558 301 366 e-mail: export@walmark.cz www.walmark.eu

